

## **Welcome to our Practice**

Thank you for registering with us. Our aim is to provide services and facilities that will contribute towards a healthy future for you. As part of the registration process we ask you complete the enclosed pack – this will give us all of the information we need to ensure we have everything we need to provide you with the care you want and need.

Once you have completed all of the enclosed documents, please return this to the Practice along with two forms of identification (at least one of which must have a photo **and** current address – like a driving license – and the other must be either Photo ID or Address verification – a passport or recent utility bill).

Please complete all sections in **BLOCK CAPITALS**.

(Please be aware that this document is "double-sided")

1.	Personal De	tails										
First	Name					C	٠	ملفس: ما د		Mal	е	
Middl	e Name(s)			Sex at birth		Dirth		Female				
Surna	urname					Da	ate of	Birth				
A -1 -1											Postcode	
Addre	ess											
		Single		Divor	cod			Wido	w / Wie	dowe	ır	
Marit	al Status		-									
		Married		Coha	biting			Com	non La	aw Pa	artnership	
If you are a Widow or Widower, do you we more information on our Widows and Widows and Widows are community events?				ve		Yes 🗆		١	No [		N/A	
Dolot	ionahin Informa	tion										
Relat	ionship Informa	T	1									
		Full Name										
Next	of Kin	Relationship to you										
		Telephone Number	•									
Imme	diate Family	Please list all family	/ membe	ers with	whon	n you live (s	spous	se / pai	rtner /	child	ren / parents	s)
	Full Na	ame	R	Relation	nship		D	ОВ		Patie	ent of Praction	ce?
ļ												



## 2. Communication Preferences

#### Guidance Note - SMS / Email Consent

Communication Type

The Three Chequers Medical Practice offers the complimentary service of providing SMS and email messages to all of our patients.

These messages might be relating to test results, appointment reminders or information about upcoming health campaigns and other information relating to your health or our services.

Although all text messages and emails are generated using a secure facility, they are transferred over a public network onto a personal telephone and, as a result of this, may not be secure.



Consent for SMS / Email

Messages sent via SMS or email will not contain "identifiable" information to ensure the preservation of your identity under the Data Protection Act 2018 (incorporating GDPR). As such, patients are encouraged **not to provide** consent for their number to be used for more than one record as this may lead to confusion regarding the identity of the intended recipient.

The Three Chequers Medical Practice **will never** share your personal information, including contact details, with a third party that is not involved with providing care to you.

It is important to note that patients who consent for SMS / email messaging can withdraw this consent at any time by informing a member of staff of their wish to do so.

Contact information given by a patient for their own records will **only** be used for information regarding them. The practice will never use these details to provide information about another family member.

Main Number

These services are provided as a courtesy to our patients and as such, no guarantee can be made that reminders and messages about test results will be sent on all occasions; it remains the responsibility of the patient to attend, cancel or amend any appointment they have and to obtain the results of their tests.

Telephone Number

	<i>7</i> 1	<u> </u>								
Mobile Telephone										
Landline Telephone										
Work Telephone										
Email Address										
Please select your <b>preferred</b> method to receive communications via: (only select <b>one</b> option)										
Landline		Mobile			Email					
To reduce the use of paper, the practice will only send letters to patients where an alternative method (email, call or text) would be unsuitable.  Communication via letter will always be sent to your registered address.										
Declaration										
The above contact in	formation is m	nine, or I have conse	ent from the	individua	al whose d	etails I have given				
I accept that SMS / E	mail messagii	ng is an additional s	ervice and r	may not l	oe sent on	all occasions				
I acknowledge that re	esponsibility fo	or attending / cancel	ling my app	ointment	s rests sole	ely with me				
I take responsibility to	o ensure that i	my contact informat	ion is kept u	p to date	with the P	Practice				
I give my permission	for Answerph	one Messages to be	e left on my	Mobile /	Landline te	elephone				
Full Name			Date							
Signature			Tick if you	signed o	n patient's	behalf				



3. Background	I Information								
Previous GP Name									
Previous GP address:									
Country of Birth									
	White (British)	Chinese		Black (Afri	can)		Black (Caribbean)		
Ethnic Origin	White (Other)	Indian		Banglades	Bangladeshi $\Box$				
	Arabic $\square$	Prefer no	ot to say $\square$	Other (spe	cify)				
	C of E	Buddhis	t 🗆	Sikh			Atheist		
Religion	Catholic	Muslim		Jewish			Hindu		
	Jehovah's Usitness	Other Cl	nristian 🗆	Other (please specify)					
	House		Bungalow		Gr	ound Floo	or Flat		
Living	Mobile Home		Bedsit		Up	per Floor	Flat		
Accommodation	Lodging		Temporary		Re	esidential	Home		
	Homeless	Homeless			W	arden-atte	ended		
With whom do you	Spouse [	Partne	er 🗆	Family			Friends		
live?	Alone		selected "Alone" y who can help y			/ family	Yes □	No	
	Yes 🗆 '	Walk witho	out difficulty		Walk	with Mol	oility Aids		
A	AIGISI —	Walking St	tick		Zimn	ner Frame	e		
Are you able to walk		Crutches			Walk	ing Fram	e		
independently?		Walk with	assistance		Confined to chair		nair		
	No 🗆	Unable to	walk at all		Bed-	ridden			
	Van 🗆				Self-	propelled	Wheelchair		
Do you use a Wheelchair?		If yes, wha you use?	at type of Wheeld	hair do	Whe	elchair pu	ushed by anot	her	
	No 🗆				Moto	orised Wh	eelchair		
	Employed		Self-employed			Student			
Employment	Unemployed		Carer			Retired			
	Housewife		Househusband	i		Other			
Occupation – if you	selected "Employed"	or "Self-e	mployed", plea	se enter yo	ur oc	cupation	below		
Are you a Military Vete	ran?	Yes	☐ Fa	mily Membe	er		□ No		
Gender identity	Male		Fema	ale		Una	able to answe	er	
(if different from birth)	Non-Binary		Prefer not	to say					



4.	Language &	Communication									
Long	11000	First Language									
Lang	uage	Second Language(s)									
We w	Communicating with you  We want to communicate with you effectively, regardless of any difficulties you have in understanding how our letters, leaflets and other material is provided.										
		u or contact you, do you nee particular way?	ed us		Ye	es 🗆			No		
	If your answer is "Yes", please tell us how using the boxes below. You may tick more than one box, but please make your preference clear.										
		Hearing Loop	Lar	ge Print		Ma	katon	Sign I	₋anguage		
Comr	Communication "Easy-Read" □ Braille			lle		Brit	ish S	ign Laı	nguage		
		m English to:									
If you have selected a hearing-related communication				Mild		Mode	ate		Severe		
need	, please describ		Profound				Regi	stered Deaf			
										,	
5.	Carers										
Pleas	e read the guid	ance note "Carers" (below)	before	completing th	is secti	on:					
Are y	ou a Carer?				Ye	es 🗆			No		
Name	e of the person	for whom you care									
Relat	ionship to you				Spous	e 🗆			Neighbour		
rtolat					Frien	d 🗆			Other		
Are th	ney a registered	patient of the Three Chequ	ers Me	edical Practice	?		Yes	s 🗆	No		
Are they a registered patient of the Three Chequers Medical Practice?  Guidance Note – Carers  A Carer is someone who provides day-to-day help for another who would not be able to manage without that help.  Is there someone who relies on you to be that person so much so that, if you went away for a day or two, they wouldn't cope? If so, then you are a carer.  At Three Chequers Medical Practice, we want to support carers in whatever way we can.  It could be a friend, neighbour. or family member, but as a carer you play a vital role in, not only their life, but also the wider community and we want to know about the carers in our community so that we can keep you updated about all of the events, activities and support we can provide, or can support you to find.											

Our practice lead coordinates all of our activities and events for carers and can give you advice or support depending on your situation. Contact the practice for more information.



6.	Medical Histo	ry				
Have	you ever suffere	d from any of th	ne following conditions?			
Asthi	ma		Cancer (information below)		COPD	
Depr	ession		Diabetes		Epilepsy	
Hear	t Disease		Heart Failure		High-Blood Pressure	
Kidne	ey Disease		Stroke		Underactive Thyroid	
Any	other conditions, o	operations or h	ospital admissions or furhter inf	ormatio	n should be recorded below:	
	ly History – pleas n relative it refers		gnificant family history of close ther, Sibling etc)	relative	s with medical problems and	confirm
Asthi	ma		Cancer (information below)		COPD	
Depr	ession		Diabetes		Epilepsy	
Hear	t Disease		Heart Failure		High-Blood Pressure	
Kidne	ey Disease		Stroke		Underactive Thyroid	
Allerg	gies – Please reco	ord known aller	gies or sensitivities below:			
	ent Medication – p most recent preso	•	a list of medication in the space	below.	If possible, please attach a	copy of
cond	itions (with a Clini	cian from the S	al Condition, then you will have Surgery), to check that you are i			edical
This	includes patients	who are also re	egistered privately elsewhere.			
Tick	here to confirm	your understa	ind this			



## 7. Lifestyle

Alochol – please answer the following questions which are validated as screening tools for alcohol use (see the guidance note – "Alcohol Unit Guide" (overleaf) to assist completion of the questionnaire)

Ougstion		Sc	coring Syste	em		Your
Question	0	1	2	3	4	Score
How often do you have a drink containing alcohol?	Never	Monthly or less	2 to 4 times a month	2 to 3 times a week	4 or more times a week	
How many units of alcohol do you consume on a typical day when you are drinking?	1 to 2	3 to 4	5 to 6	7 to 9	10+	
How often have you had 6 or more units (female); 8 or more units (male) on a single occasion in the past year	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
Please add your scores.  A score of <b>less than 5</b> indicates "low-risk" drinking – do not complete the following section.  If you scored <b>5 or more</b> , please complete the next section					tal	

Question		Sc	coring Syste	em		Your
Question	0	1	2	3	4	Score
How often during the last year have you found that you were not able to stop drinking once you had started?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year have you failed to do what was normally expected of your because of your drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year have you needed an alcoholic drink in the morning to get yourself going?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often in the last year have you had a feeling of regret or guilt after drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often in the last year have you not been able to remember what happened when drinking the night before?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
Have you or someone else been injured as a result of your drinking?	No		Yes – more than 12 months ago		Yes – within last 12 months	
Has a relative / friend or health worker been concerned about your drinking or advised you to cut down?	No		Yes – more than 12 months ago		Yes – within last 12 months	
Please add your score from the orginal question this set of questions	ns to the so	core from			Total	



# Guidance Note – Alcohol Unit Guide One Unit of Alcohol is:



Half a pint of standard Lager, Beer or Cider



A small glass (125ml) of wine



A single shot of spirit



A small glass of Sherry



A single measure of Aperitif

## Each of these is more than one unit:



A pint of 3.5% Lager, Beer or Cider



A pint of 5% Lager, Beer or Cider

3 units



330ml bottle of 4.5% Alcopop or Lager

1.5 units



A medium glass (175ml) of wine

2 units



A bottle of wine

9 units

2 units



500ml can of 4% Lager, Beer or Cider

2 units



500ml can of 8% Lager, Beer or Cider

4 units



125ml glass of Prosecco / Champagne

1.5 units



Long-Island Iced Tea Cocktail

4 units



Espresso Martini Cocktail

2.5 units



Mental Health – in the	e past 2 weeks, ho	w often have	you be	een bo	there by a	ny of the fo	llowing p	orobler	ns?	
Question				1	Not at all (0)	Several Occasions (1)		the ne	Nea alwa (3	ays
Little pleasure or inte	rest in doing things	3								]
Feeling down, depres							]			
Trouble falling or stay							]			
Feeling tired or havin	g little energy									]
Poor appetite or over	eating									]
Feeling bad about yourself, that you are a failure or have let yourself or your family down										]
Trouble concentrating on things, such as reading the newspaper or watching TV										]
Moving or speaking so slowly that other people have noticed or being fidgety and restless a lot more than usual										
Thought about delibe	rately hurting yours	seld in some v	way							]
Smoking										
Do you Smoke?		Never $\square$			Ex-Smok	er 🗆			Yes	
If you smoke or are an ex-smoker, how many do (did) you smoke per day	1 or less	2 to 9		10	to 19	20 to	39		40+	
Do you Vape or e- Cigarette?		Never □			Ex-Smok	er 🗆			Yes	
Would you like help o	giving up smoking?				١	No 🗆			Yes	
Height & Weight										
Height					C	Cm / Feet & I	nches (de	elete as	approp	riate)
Weight					Sto	nes & Pound	ls / Kg (de	elete as	approp	riate)
Women only										
Do you use any conti	raception?	Yes 🗆	No			If required	, please b	ook an	appoin	tment
Are you currently pre	gnant or think you	may be?	No		Yes	□ Due d	ate:			



## 8. Prescriptions

## **Guidance Note - Dispensing Medicines**

We are a Dispensing Practice – this means we can dispense medication to some of our patients, depending on the reason or where they live.

Our main dispensary is in Porton, with a secondary dispensary located in Winterslow to serve the communities of these villages. We also have a small dispensary in our Endless Street branch for urgent prescription fulfilment.

Our dispensers receive excellent training and work exceptionally hard, ensuring that repeat-prescriptions and urgent prescriptions are dealt with in a timely manner.

If you normally pay for your prescriptions, you will still have to do so, prior to collecting your prescription. We take card and cash at all of our dispensaries.

As a general rule of thumb, if you live in one of the following villages, we are able to dispense medicine to you:

Alderbury Firsdown Netton Upper Woodford Bodenham Whaddon Gomeldon Nunton Coombe Bissett Homington Odstock Winterbourne Dauntsey Durnford Hurdcott Pitton Winterbourne Earls East / West Grimstead Lower Woodford Porton Winterbourne Gunner Middle Woodford Salterton Winterslow Farley

For patients living in these areas there are a few options on how you collect your medication; you can pop into your chosen Dispensary to collect your medicine; collect from one of our nominated "Collection Points" (Pitton Post Office / Alderbury Shop / Whaddon Post Office / Coombe Bissett Stores); or, if you're housebound, we can deliver the medicine to your door.

We aim to have all repeat prescriptions dispensed within 4 working days of receipt during peak times.

Our Dispensary relies on the support of the village communities in order to survive, please use our service if you are eligible. Eligible prescriptions sent to a Pharmacy or online service threatens the long-term viability of our Dispensaries and your support is greatly appreciated.



If you are not eligible, or if you wish to, you can opt to have your prescriptions sent to another Pharmacy. Please give details of this in Section 9 of the Application Pack.

All patients of the Practice suffering from a Long-Term Medical Condition or receiving a repeat prescription must undertake an annual review of the Medical Condition(s) and medication with the Practice. This is to ensure that you are receiving the appropriate care.

Are you eligible to receive prescriptions dispensed by the Practice?	Yes		No				
If yes, would you like the Practice to dispense your prescriptions	Yes		No				
If yes, which surgery would you like to collect your medicine from?	Porton & Old Sarum Surgery		Winterslow Surgery				
Electrionic Prescribing							
If you are not eligible for Practice Dispensing, would you like the Practice to send your prescriptions electronically?	Yes		No				
Pharmacy Name & Location							
I understand that I will have to undertake annual reviews of all Medicine I take							



9.	Further Deta	ils								
Patie	nt Participation (	Group (PPG)								
	We are committed to continually improving our services; the PPG is a mechanism for us to gain valuable feedback from our patients about their experiences, views and ideas for improving our services.									
Woul	d you like to be	involved in our PPG?	Yes $\square$	l No	0					
Orga	n Donor Registe	ir								
Dono Pleas	r. se be aware that	gislation changed so that everyone in England is automated the Practice can not register you decision to opt out of a "Opt-out" by going to: <a href="https://www.organdonation.nhs.uk">www.organdonation.nhs.uk</a>			an Organ	1				
10.	Sharing Con	sent								
inform Pleas conse After	ned decisions al se take a few mo ent.	s responsibility under the Data Protection Act 2018 very cout how your details are shared.  Dements to read the guidance "Sharing your Health Record the guidance note and understood the information, you within	rd" before conti	nuing t	to provide	е				
I have	e read and unde	erstood the guidance (following page) entitled "Sharing y	our Health Rec	ord"						
Do	you consent to	your GP Practice sharing your Health Record with other	r organisations	who c	are for yo	ou?				
Yes (	this is the recomme	nded option)								
No (ne	ot recommended, pl	ease discuss this with a GP before deciding)								
Do	you consent to	your GP practice viewing your Health Record from othe	r organisations	that c	are for yo	ou?				
Yes (	this is the recomme	nded option)								
No (ne	ot recommended, pl	ease discuss this with a GP before deciding)								
	Do you conser	nt to having and Enhanced Summary Care Record (SCF	R) with addition	al infor	mation?					
Yes (	this is the recomme	nded option)								
No (n	ot recommended, pl	ease discuss this with a GP before deciding)								
Full N	lame (print)									
Signa	ature		Date							



### Guidance Note - Sharing your Health Record

The Three Chequers Medical Practice takes its responsibility under the Data Protection Act 2018 (incorporating GDPR) very seriously. Please read this information very carefully to understand why, how and when the Practice might wish to share your information with selected other organisations and why we ask for your consent to other organisations sharing your health record with us.



#### What is your health record?

Your health record contains all of the information about the care you receive. When you need medical assistance, it is essential to that the Clinician(s) involved in your care can securely access your health record, in order to provide treatment that is tailored to you, based on your medical background. This may include your medical history, medication and allergies.

### Why is sharing important?

By sharing your health record, you receive the best possible care and treatment – wherever and whenever you need it. Choosing not to share your health record could have implications on the quality of care and treatment you receive in the future.

Some examples of how you can benefit from the sharing of your record are:

- Sharing your contact details ensures you received medical appointments without delay
- Sharing your medical history ensures emergency services accurately assess you if needed
- Sharing your medication list will ensure that you receive the most appropriate medication
- Sharing your allergies prevents you from being given something to which you are allergic
- Sharing your test results will prevent you from having to repeat tests more than required

Furthermore, it is important that we can see information that other organisations have added to your health record to ensure that you are receiving the best treatment possible.

#### Is my health record secure?

Yes. There are numerous safeguards in place to make sure that only organisation authorised to view your record can do so. You can request information regarding who has accessed your information at any time.

## Can I decide who I share my health record with?

Yes, we will always ask for consent to share your health record unless it is an emergency – if you are unconscious for example.

## Can I change my mind?

Yes - at any time, just let us know.

## Can someone consent on my behalf?

If you do not have capacity to consent, then a Lasting Power of Attorney (LPA) may be able to consent on your behalf. If you do not have an LPA, then a "best interest" decision can be made on your behalf by those caring for you.

## What about Parental Responsibility?

If you have parental responsibility and your child is not able to make an informed decision, then you can make a decision about information sharing on behalf of your child. If your child is deemed "competent" (to make an informed decision) then the decision is theirs.

#### What is a Summary Care Record?

A Summary Care Record (SCR) contains basic information about you (contact details, NHS number, medications and allergies etc). GP Practices, Hospitals and emergency services can view this. If you do not want an SCR, then ask the Practice for an "opt-out" form. You can provide consent for an "enhanced" SCR which will include information such as care plans, which will help ensure that you receive the care you require in the future. Further information can be found at:

https://digital.nhs.uk/services/summary-care-records-scr/summary-care-records-scr-information-for-patients



## 11. Accessing Online Services



#### Important Information Please read before completing the form

Patients who wish to, can use the internet to book appointments with a GP, request repeat prescriptions for any medications taken regularly and look at their medical record online. This is in addition to contact through traditional means for all of these services.

It is a patient's responsibility to keep their login details secure. If you suspect that your record has been accessed by someone who does not have permission to do so, then you should change your password immediately. If you are unable to do this, we recommend that you contact the practice so that online access can be revoked until the issue is resolved.

Any information printed from a patient's record, by a patient or their representative, is the responsibility of the patient (or representative) to keep secure. If you are worried about securely storing copies, we recommend that you do not make copies.

In the process of carrying out their normal duties, Practice staff have to input data to your record; this could be attaching a document received or something similar – you may notice administrator or reception staff names alongside some medical information – this is normal and not a cause for concern.

The definition of "Full Medical Record" is all of the information that is held in a patient's record, including; letters documents and free text added by staff, usually the GP. The coded record is all the information that is in coded form, like diagnosis, signs and symptoms – but excludes letters, documents and text. **You must request this separately once your registration is complete.** 

Before applying for online access to your record, there are some things to consider. Although the chances of these circumstances are low, you will be asked to confirm that you have understood the following:

## **Forgotten History**

There may be something that you have forgotten about in your record that you might find upsetting

#### Abnormal results or bad news

If you have access to test results or letters, you may see something that you find upsetting to you. This may occur before you have had a chance to speak to a Doctor or while the surgery is closed and unavailable for contacting

## Choosing to share your information with someone

This is your choice to make, and may be very helpful for you – however, it is your responsibility to ensure that your information remains secure.

## Coercion

If you think that you may be pressured into revealing details of your record to someone against your will, it is best that you do not register for online access.

#### **Misunderstood Information**

Your medical record is designed to be interpreted by clinical professionals to ensure you receive the best possible care; therefore some of the information within your medical record may be highly technical, written by specialists and not easily understood. Please contact the Surgery for clarification and explanation of your records.

#### Information about someone else

If you spot something in the record that is not about your, or there are other errors, please log out of the system immediately and contact the practice as soon as possible.

More information can be found at: <a href="https://www.nhs.uk/nhsengland/aboutnhsservices/doctors/pages/gp-online-services.aspx">www.nhs.uk/nhsengland/aboutnhsservices/doctors/pages/gp-online-services.aspx</a>

Before your request for online access can be processed, we will need to see photographic proof of your identity. In order to ensure that we can complete this request in a timely manner, please ensure that you have brought two forms of Identification (Photo & Address)



	I wish to have online ac	cess to: (ti	ck all that apply)						
View and book appointmen	ts								
View and request medication	on								
Access my Summary Care	Record								
Complete online questionna	aires								
			241.41						
	medical record and under			tatements below: (tick)					
I have read and understood	the "Important Information"	on the prev	vious page						
I accept that I am responsib	ole for all information I see o	r download							
If I share my information with anyone else, I accept that it is done at my own risk									
I will contact the practice immediately if I suspect that my account has been accessed by someone without my agreement									
I will log out and contact the practice immediately if I see information in my record that is not about me or is inaccurate.									
Full Name									
Signature			Date	е					
	For Proc								
	FULFIACE	tice use only	y:						
I do páite e e a aitir a debe	Self-Vouching		<u>′</u>	ormation - Check					
Identity verified by	1		uching through Inf	ormation - Check Professional Vouching					
Identity verified by  Name of Verifier	Self-Vouching	Vol	uching through Inf						
	Self-Vouching	Vol	uching through Inf						
Name of Verifier	Self-Vouching	Vol	uching through Infestidence						



# **Registration Checklist**

Please ensure you have completed and returned the following sections of the New Patient Registration Pack

Section Number & Title	Patient use Tick to confirm completion	Practice use Tick to confirm receipt a preferences	and
NHS Registration Form (GMS1) – without this we cannot register you			
1. Personal Details			
2. Communication Preferences		Verification message sent?	
3. Background Information			
4. Language and Communication			
5. Carers		Coded?	
6. Medical History		Medical information coded?	
7. Your Lifestyle		Smoker / Coded	
8. Prescriptions		Dispensing Patient?	
9. Further Details			
		Consent to share (out)	
10. Sharing Consent		Consent for organisations to share with us (in)	
		Enhanced SCR with additional info?	
11. Accessing Online Services			
2 forms of identification provided: (documents of a person with Parental Responsibility are accepted)			
Passport			
Driving License (with current address)			
Utility Bill (with current address)			
Birth Certificate (or court order stating date of birth of child and parental responsibility)			