



Three
Chequers
Medical
Practice

November
2023



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THE PRACTICE INSIDER

Farewell, Dr Dominey...

On Tuesday 31st October, long-standing partner, Dr Dominey said his “goodbyes” to the team at Three Chequers.

“It is after careful consideration that I have decided to retire as a GP at Three Chequers Medical Practice and I will finish at the end of October. I started as a GP partner at the Endless Street surgery back in 2013 and its hard to believe that is 10 years ago already.

I will be sad to leave the excellent GP partners and a really great group of colleagues. I have been privileged to work as part of a hard working and caring team who are doing their best to continue to provide very high standards of care, despite the many current challenges being faced in the NHS. It has been a pleasure caring for so many of you over the years. I wish you well for the future and I am confident that you are all in very safe hands.

*Kind Regards,
Dr Sam Dominey”*

We want to wish Dr Dominey the best for his future endeavours.

Carers Corner

Do you look after someone? Are you a carer? If you provide unpaid help or support to a relative, partner, friend or neighbour who could not manage without you, then you are a carer.

Recognising yourself as a carer can be the gateway to getting a range of help and support to allow you to continue your caring role.

Our carers team will be happy to help you. Please contact us by email three.chequers@nhs.net or calling 01722 336441

New Partner - Dr Hannah Clarke

In July, Dr Clarke, joined the GP Partnership having been an employed GP at the Practice for a few years:

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The seed that led to me becoming a GP was sown less than a mile away from where I now work, when my chemistry teacher asked about my career choice.

“An opera singer or a medical illustrator? But why not a doctor?” she said. I remember laughing at the absurdity of the idea. But it stuck!

Subsequently, I received a medical degree from Nottingham University, completed Foundation training in Mansfield, start Obstetrics training in West Yorkshire, and I then had a short stint in Northern Ireland where I concentrated on being a mum. Eventually, I returned to Salisbury and worked in A&E and Orthopaedics, until I successfully applied to join the GP Training Scheme.

Three Chequers first welcomed me as a final year registrar in 2018. The team coached me through my exams, helped me cope with a global pandemic and, not only supported me through my training, but every day since. I am honored and delighted to have been accepted as a partner and cannot wait to start contributing to furthering such a dynamic and caring team.

Outside work, I dedicate time to my family and friends, trying to be eco-friendly, and a range of hobbies: from kickboxing to cooking, dancing to drawing, and running to running a choir, I am passionate about living the healthiest and happiest life possible.



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New Partner - Dr Daniel O'Sullivan

We also welcomed an entirely new member of the team in Dr O'Sullivan in July and he's quickly settled as the joint-newest GP Partner of the Practice.

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Hello!

I'm Dr Dan O'Sullivan and I started as a GP partner at Three Chequers in July 2023. I have had contact with some of our patients during appointments in the last few months and am really happy to be serving the people of Salisbury! I wanted to work here because of the sense of team spirit that I got from various members of Three Chequers staff that I have encountered over the last few years.



Outside of work, I am obsessed by podcasts about medicine and other topics and I like to run as well as being with my young family.

I am most looking forward to helping to navigate the challenging environment for Salisbury healthcare at the moment and I'm passionate about improving our team's well-being and our patients' ability to get their problems sorted as soon as we can by the most appropriate clinical member of staff (and we do have a wide variety of skills here!).

I'm proud to be a GP, and I'm proud to serve the people of Salisbury.

I look forward to speaking with you if I haven't already!

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We are delighted to have both of them on board and look forward to them helping shape the future of Three Chequers Medical Practice

NHS Volunteer Responders

This service, provided by the Royal Voluntary Service and GoodSAM, can give help to those patients of ours who need it. They offer a 'Check in and chat' service and Community Response service for support with shopping and prescription deliveries. To find out more, visit: <https://nhscareresponders.org>



Secure Messaging

To protect your information, we use a variety of security measures when corresponding with you. This may include encrypted text messages and secure emails. These measures are there to ensure that information that is "for your eyes only", stays that way!



Third Party Consent

If you want a relative or friend to be able to speak to us on your behalf, and to share your information, please let us know in writing. You can complete a form, available to download on the carers section of our website, or send us a letter (with a signature). If someone holds Power of Attorney for Health & Welfare then a copy of this will suffice.

POWOW - Partners or Widows or Widowers

Our POWOW coffee mornings are held monthly on the first Thursday of the month at St Thomas' Church, between 10am and 12noon. If you have lost your partner, wife, or husband, then feel free to come along and meet others in the same position. It is a very informal morning, and refreshments are provided by the surgery.

You can drop in any time between 10am and 12noon.

Please note that December's POWOW (07.12.2023) will be held at St Thomas' house due to the Christmas Tree Festival in the church.

If you would like to get text message reminders for POWOW meetings, please let us know by calling or emailing the surgery.

Festive Jumper Days

Every year, to raise money for the Salisbury Hospice, our staff put on their festive best (or worst, in some cases!) and bring in a few quid - a bit like a school's non-uniform day. We will be displaying boxes in each of our sites for patient donations throughout November and December. Or check out our JustGiving page using the QR code (right). We are hoping to raise about £750 this year and appreciate anything you can spare to help us reach this target!

